

**First B.Sc. Nursing (Ayurveda) Degree Supplementary Examinations  
March 2025**

**Foundations of Nursing with First Aid**

**Time: 3 hrs**

**Max marks: 100**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw diagrams wherever necessary*

**Essays: (2x10=20)**

1. Define Profession. What are the characteristics of a profession. Explain the qualities of a professional nurse. (2+3+5)
2. Define communication. Explain the types of communication. Describe the communication process. (2+3+5)

**Short Notes: (10x5=50)**

3. Role of a nurse in infection control
4. Standard safety precautions
5. Spiritual care
6. Maslow's theory of basic needs
7. Sterilization
8. Stages of illness
9. Care of unconscious patients
10. First aid in food poisoning
11. Principles of body mechanics
12. Complications of immobility

**Answer briefly: (10x3=30)**

13. Purposes of personal hygiene
14. Principles of bandaging
15. Members in a healthcare team
16. Transferring a patient
17. Functions of a hospital
18. Impact of illness on patient and family
19. Nursing measures to ensure rest and sleep
20. Therapeutic effects of hot application
21. Complications of a neglected mouth
22. Golden rules of first aid